



Bounces

Seat your child on your lap or rest your child with her back to you.

I Bounce You Here

I bounce you here, I bounce you there, (bounce child on knees)
I bounce you, bounce you, everywhere.
I tickle you here, I tickle you there, (gently tickle child)
I tickle you, tickle you, everywhere.
I hug you here, I hug you there, (hug child)
I hug you, hug you, everywhere!

This is the Way the Baby Rides

This is the way the baby rides, (bounce child on knees - with each new verse)
The baby rides, the baby rides. (bounce child faster)
This is the way the baby rides,
So early in the morning.
This is the way the farmer rides...
This is the way the jockey rides...

Bumpy Road

Smooth Road, Smooth Road. (move child in circular motion on your lap)
Bumpy Road, Bumpy Road. (bounce your child on your lap)
Rough Road, Rough Road. (increase the height and speed of the bounce)
Hole. (gently drop child between your legs)

Giddy Up Horsey

Giddy-up, giddy-up, giddy-up horsey. (bounce child on knees)
Giddy-up, giddy-up, go, go, go.
Giddy-up, giddy-up, giddy-up horsey.
Giddy-up, giddy-up, Whoa! (let child slip through knees)

Did You Ever See a Baby

Did you ever see a baby, (have your child sitting on your lap)
A baby, a baby?
Did you ever see a baby,
Go this way and that? (rock from side to side)
Go this way and that way, (forward and back)
And that way and this way. (side to side)
Did you ever see a baby,
Go this way and that? (forward and back)

Shoe the Little Horse

Shoe the little horse, (pat child's left foot)
Shoe the little mare, (pat child's right foot)
But let the little colt, (bicycle child's feet around and around)
Run free everywhere.

I'm Bouncing

I'm bouncing, bouncing everywhere, (bounce child on knees)
I bounce and bounce into the air.
I'm bouncing, bouncing like a ball,
I bounce and bounce, then down I fall. (let child slip through knees)

Bumping Up & Down

Bumping up and down in my little red wagon, (bounce child on knees)
Bumping up and down in my little red wagon,
Bumping up and down in my little red wagon,
Won't you be my darling?

Let's Go Riding in an Elevator

Let's go riding in an elevator. (hold child in front of you on lap)
Let's go riding in an elevator.
First floor, (at "first floor" start to lift child up
Second floor, rising up a little at each floor)
Third floor,
Fourth floor,
Fifth floor, (by "fifth floor" child should be high,
Dooooowwwwnn! bring child quickly back to lap on "down")

The Dog Went to Dover

Leg over leg, (with your child on your lap hold on to the ankles)
The dog went to Dover. (and move the legs in rhythm with the rhyme)
When he came to a wall,
Then he jumped right over. (on the "jumped," lift up both legs together like you are making them jump over the wall)

Trit, Trot

Trit, trot to Boston, (bounce baby on your knees)
Trit, trot to Lynn,
Take care, Baby, (substitute child's name for "Baby")
Don't fall IN! (on "IN," part knees and let baby slip through)





Fingerplays

Demonstrate appropriate actions as you sign or say the words.

Eensy Weensy Spider

Eensy Weensy Spider
Climbed up the water spout. (crawl fingers upward)
Down came the rain (bring spread fingers downward)
And washed that spider out! (sweep hands to sides)
Out came the sun (arms make circle over head)
And dried up all the rain,
And Eensy Weensy Spider
Climbed up the spout again! (repeat climbing motion)
("Itsy Witsy Spider" – tiny voice; "Great Big Hairy Spider" – deep voice)

Here are Grandma's Glasses

Here are Grandma's glasses. (circle eyes with thumbs to fingers)
Here is Grandma's cap. (hands on head)
This is how she folds her hands,
And puts them in her lap. (hands folded in lap)
And here are Grandpa's glasses, (stretch fingers into bigger circles)
And here is Grandpa's hat, (hands make big hat)
And this is how he folds his arms - (arms folded)
Just like that! (nod head decisively)

Where is Thumbkin?

Where is Thumbkin? (fist behind back)
Where is Thumbkin?
Here I am! (bring out one fist, thumb raised)
Here I am! (bring out second fist, thumb raised)
How are you today, Sir? (first thumb wiggles up and down)
Very well, I thank you! (other thumb wiggles)
Run away! (first hand behind back)
Run away! (other hand behind back)
(repeat with each finger – Pointer, Tall Man, Ring Man, Little One)

Where is Family?

Here we are! (bring out first hand, fingers all wiggling)
Here we are! (bring out other hand, fingers wiggling)
How are you today, Friends?
Very well, we thank you!
Run away!
Run away!

Five Fat Peas

Five fat peas (make a fist)
In a pea pod pressed.
One grew, two grew,
So did all the rest. (open fingers one by one)
They grew and grew,
And did not stop, (wiggle fingers)
Until at last,
That pea pod popped! (clap hands)

Five Little Monkeys

Five little monkeys (five fingers)
Jumping on the bed - (rest elbow on other hand, jump arm up and down)
One fell off, (hold up one finger, bring down as if falling)
And bumped his head! (hand to head)
Mama called the doctor (hold phone to ear)
And the doctor said -
"No more monkeys (shake finger in scolding motion)
jumping on the bed!"
(Repeat: Four little monkeys...)
Mama called the doctor (hold phone to ear)
And the doctor said -
"No more monkeys jumping on the bed!" (shrug)

Five Little Ducks

Five little ducks went out to play, (hold up five fingers)
Over the hills and far away. (point off to side)
Mama Duck called them,
"Quack, quack, quack," (hands make duck's bill)
Four little ducks came running back. (hold up four fingers)
(repeat with 4, 3, 2 little ducks going out)
One little duck went out to play,
Over the hills and far away.
Mama Duck called them,
"Quack, quack, quack,"
But no little ducks came running back.
Mama Duck called them,
"QUACK, QUACK, QUACK!"
And five little ducks came running back!

Fire Truck

Hurry, hurry, (put hands up like they are on the steering wheel)
Drive the fire truck.
Hurry, hurry,
Drive the fire truck.
Hurry, hurry,
Drive the fire truck.
Ding, ding, ding, ding, ding! (pretend to ring bell)
Hurry, hurry,
Turn the corner. (hands on steering wheel but lean into the corner)
Hurry, hurry,
Turn the corner.
Hurry, hurry,
Turn the corner.
Ding, ding, ding, ding, ding! (pretend to ring bell)
Repeat with:
Climb the ladder. (climb the ladder)
Spray the water. (spray the water)

Ten Fluffy Chickens

Five eggs and five eggs,
That makes ten. (hold up two hands)
Sitting on top is the Mother Hen. (Fold one hand over the other)
Crackle, crackle, crackle; (clap three times)
What do I see?
Ten fluffy chickens, (hold up ten fingers)
As yellow as can be.

Elephant Song

One elephant went out to play, (hold up one finger)
Over the hills and far away. (wave finger like it is going over the hills)
She had such enormous fun, (on "enormous" circle arms out and around)
That she called for another elephant to come. (cup hands over mouth)
"Oh Elephant!"... (call out and then pound the floor for the running elephant sound)
Two elephants went out to play, (use two fingers...repeat above actions)
Over the hills and far away.
They had such enormous fun,
That they called for another elephant to come.
"Oh Elephant!"...
(Repeat with as many elephants (fingers) as you want)

Open, Shut Them

Open, shut them, (using hands, suit actions to rhyme)
Open, shut them,
Give a little clap!
Open, shut them,
Open, shut them,
Hide behind your back!
Creep them, creep them,
Slowly upward, right up to your cheek.
Open wide your shiny eyes,
And through your fingers peek.
Open, shut them,
Open, shut them,
Give a little clap!
Open, shut them,
Open, shut them,
Lay them in your lap.





Movement Games

Say the words loud or soft, fast or slow, for fun and variety.

Tall as a Tree

Tall as a tree, (stretch arms overhead)
Wide as a house, (stretch arms out to sides)
Thin as a pin, (arms tight against sides)
Small as a mouse. (crouch)

Jack in the Box

Jack in the box, (crouch down)
Jack in the box,
Oh so still -
Won't you come out?
Won't you come out?
Won't you come out?
YES I WILL! (shout and jump up)

Hickory Dickory Dock

Hickory dickory dock, (clasped hands swing like clock pendulum)
The mouse ran up the clock. (fingers on one hand run up arm, sit atop head)
The clock struck one, (clap hands one time)
The mouse ran down - (hand runs down again)
Hickory dickory dock! (swing pendulum again)
Additional verses:
Clock struck two,
the mouse said "Boo!" (clap twice)
Clock struck three,
the mouse said "Whee!" (clap three times)
Clock struck four,
the mouse said "No more!" (clap four times)

Head and Shoulders

Head and shoulders, knees and toes,
knees and toes;
Head and shoulders, knees and toes,
knees and toes;
Eyes and ears and mouth and nose;
Head and shoulders, knees and toes,
Knees and toes! (touch as named; sing once, then sing again more and more quickly until no one can keep up, or until you're all exhausted!)

I'm a Little Teapot

I'm a little teapot,
Short and stout -
Here is my handle, (one hand on hip)
Here is my spout. (bend other arm out to side)
When I get all steamed up, (rock from side to side)
Hear me SHOUT -
"Tip me over and pour me out!" (tilt body to "spout" side)
I can change my handle,
I can change my spout - (reverse sides for handle and spout)
Tip me over and pour me out!

Tap and Clap

Two little feet go tap, tap, tap. (follow actions of verse as spoken)
Two little hands go clap, clap, clap.
A quick little leap up from the chair,
Two little arms reach high in the air.
Two little feet go jump, jump, jump.
Two little hands go thump, thump, thump.
One little baby turns round and round.
One little child sits quietly down.

Johnny Pounds with One Hammer

Johnny pounds with one hammer, (pound one fist on knee)
One hammer, one hammer,
Johnny pounds with one hammer,
Then he pounds with two. (use both fists)
Johnny pounds with two hammers,
Two hammers, two hammers,
Johnny pounds with two hammers,
Then he pounds with three. (add stamping of one foot)
Johnny pounds with three hammers,
Three hammers, three hammers,
Johnny pounds with three hammers,
Then he pounds with four. (both feet)
Johnny pounds with four hammers,
Four hammers, four hammers,
Johnny pounds with four hammers,
Then he pounds with five. (add bobbing of head)
Johnny pounds with five hammers,
Five hammers, five hammers,
Johnny pounds with five hammers,
Then he takes a rest! (collapse)

One Arm Goes Up

One arm goes up, (sitting down, move arms and legs as the rhyme says)
One arm goes down.
One arm goes up and down.
Two arms go up,
Two arms go down.
Two arms go up and down.
One leg goes up,
One leg goes down.
One leg goes up and down.
Two legs go up,
Two legs go down.
Two legs go up and down.
Two arms and two legs go up,
Two arms and two legs go down.
Two arms and two legs go up and down.

Teddy Bear, Teddy Bear

Teddy bear, teddy bear, turn around. (start in standing position then turn around)
Teddy bear, teddy bear, touch the ground. (touch ground)
Teddy bear, teddy bear, tie your shoe. (pretend to tie shoe)
Teddy bear, teddy bear, I love you! (give yourself a hug)
Teddy bear, teddy bear, turn out the light. (pretend to turn out light)
Teddy bear, teddy bear, say "Good night!" (blow kiss)

First I Find a Foot

First I find a foot,
and I hop, hop, hop. (stand on one foot and hop)
Then when I get tired,
I stop, stop, stop. (step on "stops")
Turn around and
count to ten. (turn around)
Then I find a foot,
And I hop again. (hop on other foot)

Way Up High in an Apple Tree

Way up high in (stretch arms up)
an apple tree,
two little apples (make two fists)
smiled at me. (point to self)
So I shook that tree
as hard as I could, (shake arms above your head)
down came the apples (fingers wiggle down)
ummm were they good! (rub tummy)





Tickles and Lovies

Use for quiet times and car rides or to bring smiles and laughter.

Eye Winker

Eye winker, (point to eyes)
Tom Tinker, (point to ears)
Nose smeller, (point to nose)
Mouth eater, (point to mouth)
Chin chopper, (tap chin)
Chin chopper,
Chin chopper,
Chin chopper, chin. (gently tickle under chin)

Two Little Eyes

Two little eyes to look around. (point to child's features as mentioned)
Two little ears to hear each sound.
One little nose to smell what's sweet.
One little mouth that likes to eat.

Hurry Scurry Little Mouse

Hurry scurry little mouse,
Starts down at your toes. (touch child's toes)
Hurry scurry little mouse,
Past your knees he goes. (touch child's knees)
Hurry scurry little mouse,
Past where your tummy is. (touch child's tummy)
Hurry scurry little mouse,
Gives you a mousy kiss. (give child loud kiss)

These are Baby's Fingers

These are baby's fingers, (touch child's fingers)
These are baby's toes, (touch child's toes)
This is baby's belly button, (touch child's tummy)
Round and round it goes! (gently tickle child's tummy)

Round and Round the Garden

Round and round the garden, (make a circle in child's palm)
Goes the teddy bear.
One step, two steps, (fingers walk up child's arm)
Tickle you under there. (gently tickle child under arm)
Round and round the haystack, (make a circle in child's other hand)
Goes the little mouse.
One step, two steps, (fingers walk up child's arm)
Into his little house. (gently tickle child under arm)

Let's Go to the Forest

Let's go to the forest.
What will we do there? (point to Mother - could be mother, father
Find our mother. or grandmother, etc.)
What will we do with her?
Kiss her, kiss her, kiss her! (give child kisses)

Bumblebee

Bumblebee was in the barn (circle finger in the air)
Carrying his dinner under his arm (circle finger closer to child)
Bzzzzzzzzzzzz...zt! (gently poke child)

Little Flea

Creeping, creeping, little flea, (creep fingers up child's body and down again)
Up my leg and past my knee.
To my tummy, on he goes,
Past my chin and to my nose.
Now he's creeping down my chin,
To my tummy once again.
Down my leg and past my knee,
To my toe that little flea.
GOTCHA! (gently tickle baby's tummy on "GOTCHA" and switch to other foot)

Knock on the Door

Knock on the door, (knock on child's forehead)
Peek in, (open child's eye wider)
Unlock the latch, (push tip of child's nose up)
Walk right in. (walk fingers into child's mouth)
How do you do Mr. Chin, Chin, Chin? (gently tickle child under chin)

All I Want are Hugs

All I want are hugs from you, (hold your little one in your arms and Hugs to last the whole day through. give a gentle hug every time you say
Hugs just make me feel so good, the word "hug")
So hug me, hug me, hug me.
Give me lots of hugs today,
Hugs to chase the blues away.
Hugs to last the whole day through,
Just hug me, hug me, hug me!

What Do I See?

What do I see? Baby's knee. (with one finger, draw a circle on baby's knee; at the end, gently tickle baby's knee)
Tickly, tickly, tic, tac, tee.
One for a penny, two for a pound,
Tickly, tickly, 'round and 'round.

There Was a Little Mouse

There was a little mouse, (gently tickle child)
Looking for his house. (gently tickle child)
Not here, (gently tickle child)
Not here, (gently tickle child)
But here, here, here! (gently tickle tummy)

Baby Bye

Baby bye, (flutter fingers above baby)
There's a fly,
We will watch him,
You and I.
There he goes, (creep fingers from baby's toes to nose)
On his toes,
Right up to your
Nose, nose, nose. (tap baby's nose three times)
(substitute other body parts for "nose")

One, Two, Three

One, two, three, (tap on baby's knee)
Tickle your knee. (gently tickle baby's knee)
Four, five, six, (tap on baby's tummy)
Pick up sticks. (gently tickle baby's tummy)
Seven, eight, nine, (tap on baby's chin)
You're all mine! (hug baby)

