



MedlinePlus®

Trusted Health Information for You

INTRO TO MEDLINEPLUS

www.medlineplus.gov

Hello!

Introduce yourself

Learning Goals:

1. Understand what kind of information MedlinePlus provides
2. Learn how to navigate and search on MedlinePlus
3. Accomplish a MedlinePlus search on my own



What is MedlinePlus?



MedlinePlus is the National Institutes of Health's website for patients, their families, and friends...it brings information about diseases, conditions, and wellness in language you can understand.

MedlinePlus is RELIABLE, UP-TO-DATE, and FREE

MedlinePlus is GREAT for...

- ▷ Basic health information
- ▷ Starting point to learning
- ▷ Reliable and clear information

With any health search, start at
MedlinePlus!

Basic Navigation



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Search MedlinePlus






GO

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Health Topics Drugs & Supplements Videos & Tools

2

Español

-  **Health Topics**
Find information on health, wellness, disorders and conditions
-  **Drugs & Supplements**
Learn about prescription drugs, over-the-counter medicines, herbs, and supplements
-  **Videos & Tools**
Discover tutorials, health and surgery videos, games, and quizzes
-  **Lab Test Information**
Learn why your doctor orders laboratory tests and what the results may mean
-  **Medical Encyclopedia**
Articles and images for diseases, symptoms, tests, treatments

4

Share MedlinePlus   



Breast milk contains the right balance of nutrients to help your infant grow into a strong and healthy toddler.

Learn more on our [breastfeeding](#) page.

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- ||

by @MedlinePlus



  1h

 **MedlinePlus.gov** 
@medlineplus

RT @theNCI: How do genetic changes lead to cancer? Our infographic explains: [cancer.gov/about-cancer/c... #DNA](#)



Stay Connected

Sign up for MedlinePlus email updates 

Enter email address

GO

NIH MedlinePlus Magazine

Read the [latest issue](#)



Clinical Trials

Search [ClinicalTrials.gov](#) for drug and treatment studies.



Search Bar

Let's search for "breast cancer"

- ▷ How many results do you see?
- ▷ How can we narrow/lessen the amount of results we see?
- ▷ What types of formats are available?




Health Topics

You can click on the top horizontal menu, or the vertical menu (with the apple)

How to find your topic

NIH U.S. National Library of Medicine

 **MedlinePlus**
Trusted Health Information for You

Search MedlinePlus





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Home → [Health Topics](#)











Health Topics

Read about symptoms, causes, treatment and prevention for over 10,000 illnesses, health conditions and wellness issues. MedlinePlus health topics are regularly reviewed, and links are updated daily.

Find topics A-Z

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [XYZ](#) [List of All Topics](#)

Body Location/Systems	Disorders and Conditions	Demographic Groups
 Blood, Heart and Circulation	Cancers	Children and Teenagers
 Bones, Joints and Muscles	Diabetes Mellitus	Men
 Brain and Nerves	Genetics/Birth Defects	Population Groups
 Digestive System	Infections	Seniors
 Ear, Nose and Throat	Injuries and Wounds	Women
 Endocrine System	Mental Health and Behavior	
 Eyes and Vision	Metabolic Problems	Health and Wellness
 Immune System	Poisoning, Toxicology, Environmental Health	Disasters
 Kidneys and Urinary System	Pregnancy and Reproduction	Fitness and Exercise
 Lungs and Breathing	Substance Abuse Problems	Food and Nutrition
	Diagnosis and Therapy	Health System
		Personal Health Issues

1

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Health Topic Search Practice

- ▷ Please search for “diabetes” using the A-Z alphabet method
- ▷ Please search for “cavity” using the category method

Health Topic: Diabetes

Diabetes

Also called: Diabetes mellitus, DM

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On this page

Basics

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Summary

Diabetes is a disease in which your blood glucose, or [blood sugar](#), levels are too high. Glucose comes from the foods you eat. Insulin is a hormone that helps the glucose get into your cells to give them energy. With [type 1 diabetes](#), your body does not make insulin. With [type 2 diabetes](#), the more common type, your body does not make or use insulin well. Without enough insulin, the glucose stays in your blood. You can also have [prediabetes](#). This means that your blood sugar is higher than normal but not high enough to be called diabetes. Having prediabetes puts you at a higher risk of getting type 2 diabetes.

Over time, having too much glucose in your blood can cause [serious problems](#). It can damage your [eyes](#), [kidneys](#), and [nerves](#). Diabetes can also cause [heart disease](#), stroke and even the need to remove a limb. Pregnant women can also get diabetes, called [gestational diabetes](#).

Blood tests can show if you have diabetes. One type of test, the [A1C](#), can also check on how you are managing your diabetes. Exercise, weight control and sticking to your [meal plan](#) can help control your diabetes. You should also monitor your blood glucose level and take [medicine](#) if prescribed.

NIH: National Institute of Diabetes and Digestive and Kidney Diseases

Start Here

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GO

MEDICAL ENCYCLOPEDIA

[A1C test](#)

[ACE blood test](#)

[Anti-insulin antibody test](#)

[Blood sugar test - blood](#)

[Diabetes](#)

[Diabetes - keeping active](#)

[Diabetes - low blood sugar - self-care](#)



Drugs and Supplements

You can click on the top horizontal menu, or the vertical menu (with the pill)

How to search

Home → Drugs, Herbs and Supplements

Drugs, Herbs and Supplements



Drugs

Learn about your prescription drugs and over-the-counter medicines. Includes side effects, dosage, special precautions, and more.

Browse by generic or brand name:

1

A B C D E F G H I J K L M N O P Q R S T U
V W X Y Z 0-9

For FDA approved labels included in drug package insert by Med.

2

Herbs and Supplements

Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

[All herbs and supplements](#)

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Related Topics

- [HIV/AIDS Medicines](#)
- [Antibiotics](#)
- [Antidepressants](#)
- [Blood Pressure Medicines](#)
- [Blood Thinners](#)
- [Cancer Alternative Therapies](#)
- [Cancer Chemotherapy](#)
- [Cold and Cough Medicines](#)
- [Complementary and Alternative Medicine](#)
- [Diabetes Medicines](#)

Drugs and Supplements

Search Practice

- ▷ Please search for “Galantamine”
 - ▷ What is this drug used for?
 - ▷ What side effects does this medication have?
- ▷ Please search for “Ibuprofen”
 - ▷ What dietary instructions does this drug have?



Videos and Tools

You can click on the top horizontal menu, or the vertical menu (with the play button)

How to search

Home → Videos & Tools

Videos & Tools



Watch health videos on topics such as anatomy, body systems, and surgical procedures. Gain health knowledge with interactive tutorials and games. Check your health with calculators and quizzes.



Health Videos

View videos of anatomy and body systems and how diseases and conditions affect them.



Surgery Videos

Find videos of operations and surgical procedures.



Health Check Tools

Check your health with interactive calculators, quizzes and questionnaires.



Games

Boost your health knowledge by playing interactive health games.

1

Search all Videos & Tutorials

GO

[Understanding Medical Words Tutorial](#)

[Evaluating Health Information Tutorial](#)

[To Your Health: NLM Update Podcast](#)

Videos and Tools Search Practice

- ▶ In Health Videos, please search for “osteoporosis”
 - ▶ Note the “Related topics” menu on the right. That will take you to the Health Topic page on osteoporosis

More Practice

- ▷ Try searching for a topic of your choice!
- ▷ Other example topics:
 - Heart attack
 - Skin cancer
 - Nutrition and eating healthy

Thanks!

Any questions?

You can find me at:

@username

user@mail.me

Credits

Special thanks to all the people who made and released these awesome resources for free:

- ▷ Presentation template by [SlidesCarnival](#)
- ▷ Photographs by [Unsplash](#)

Presentation design

This presentations uses the following typographies and colors:

- ▷ Titles: **Raleway**
- ▷ Body copy: **Lato**

You can download the fonts on these pages:

<https://www.fontsquirrel.com/fonts/raleway>

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- ▷ Dark blue **#2185c5**
- ▷ Light blue **#7ecef**
- ▷ Yellow **#ff9715**
- ▷ Magenta **#f20253**
- ▷ Dark gray **#677480**
- ▷ Light gray **#97abbc**

You don't need to keep this slide in your presentation. It's only here to serve you as a design guide if you need to create new slides or download the fonts to edit the presentation in PowerPoint®



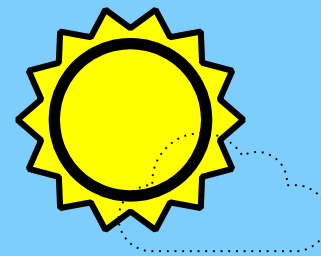
SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.
- Change line color, width and style.

Isn't that nice? :)

Examples:





Now you can use any emoji as an icon!

And of course it resizes without losing quality and you can change the color.

How? Follow Google instructions

<https://twitter.com/googledocs/status/730087240156643328>



and many more...