

familydoctor.org



INTRO TO  
FAMILY DOCTOR

[www.familydoctor.org](http://www.familydoctor.org)

# Hello!

## Introduce yourself

Learning Goals:

1. Understand what kind of information Family Doctor provides
2. Learn how to navigate and search on Family Doctor
3. Accomplish a Family Doctor search on my own



# What is Family Doctor?



*Family Doctor is a medical and health information website from the American Academy of Family Physicians, and deals with family health from birth until adulthood*

# Family Doctor is GREAT for...

- ▷ General family health information
- ▷ A one-stop-shop for everyone in your family (kids, adults, grandparents)

# Basic Navigation

2

1

5



Search



Diseases and Conditions

Prevention and Wellness

Family Health

Your Health Resources

3

### Monthly Focus: Vaccines and Immunization



4

Visit our interactive symptom checker

Get Started

INFANTS AND TODDLERS

## The Importance of Vaccinations

Vaccinations are an important part of public health. They prevent the spread of contagious, dangerous and deadly diseases, and...



# Search Bar



# Let's search for "breast cancer"

- ▷ What are the different ways you can sort your results?
- ▷ How can we narrow/lessen the amount of results we see?



# Diseases and Conditions

# How to find your topic

Diseases and Conditions

Prevention and Wellness

Family Health

Your Health Resources

Visit The Symptom Checker

## Diseases and Conditions

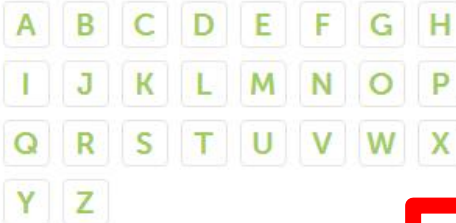
Find doctor-approved information about symptoms, causes, diagnosis, treatment and prevention of common diseases and conditions.

1

I would like to find...



FILTER BY ALPHABET



FILTER BY CATEGORY

Narrow Your Results



2

All conditions

Sort By: A-Z Z-A Recently Updated

### Abdominal Aortic Aneurysm (AAA)

An abdominal aortic aneurysm is when a weak area in the aorta swells up like a balloon. It can cause...

### Abnormal Uterine Bleeding

Abnormal uterine bleeding is heavy or unusual bleeding from the uterus (through your vagina) throughout a woman's monthly cycle.







# Diseases and Conditions Search Practice

- ▷ Please search for “diabetes” using the A-Z alphabet method
- ▷ Please search for “chickenpox” using the search bar

# Diseases and Conditions: Chickenpox

CONDITION


## Chickenpox

SHARE      PRINT 

**1**

Table of Contents

- 1. Overview
- 2. Symptoms
- 3. Causes
- 4. Diagnosis
- 5. Prevention
- 6. Treatment
- 7. Everyday Life
- 8. Questions





# Prevention and Wellness

# How to search

Diseases and Conditions

Prevention and Wellness

Family Health

Your Health Resources

Visit The Symptom Checker

## Prevention and Wellness

Learn to make healthy lifestyle choices for you and your family with information on nutrition, exercise, occupational health and preventive services.

Emotional Well-Being

Exercise and Fitness

Food and Nutrition

Sex and Birth Control

Staying Healthy

1

## Most Popular

Read Article >>

AT Diet: Recovering  
from an Upset Stomach

### Video: How to Help Your Kids Deal With Bullies

Bullies use power, strength or popularity to hurt others, emotionally or physically. And while you can't be with your child all the time, there are ways you can help. If your child encounters a bully, tell them to get to a safe place

### Video: Preventing and Treating Concussions

Concussions can happen to anyone, during any physical activity. And you don't have to get hit in the head or lose consciousness to have a concussion. If you suspect a concussion, don't let your child return to the game until they've been

### Adolescents and Young Adults: Getting the Preventive Services You Need

Get an early start on good lifelong health by learning about the services and advice your doctor can provide...

2

### Sports and Exercise at Every Age

A lifelong exercise program helps us live and thrive into old age. There is a place for exercise at every...

### Lifestyle Changes to Help Lower Your Blood Pressure

If you have high blood pressure, you can help lower it by cutting back on salt in your diet, exercising,...

View More

View More

3



Mind/Body Connection:  
How Your Emotions  
Affect Your Health



# Prevention and Wellness Search Practice

- ▷ Click on “Exercise and Fitness”
  - ▷ What is the top article in “Most Popular”?
- ▷ Click on “Exercise Basics”
  - Which topic on this page looks interesting to you?

The other two menu topics, Family Health and Your Health Resources, are similarly organized to Prevention and Wellness





# Symptom Checker

# How to use

## Symptom Checker

Our trusted Symptom Checker is written and reviewed by physicians and patient education professionals. Find a possible diagnosis by choosing a symptom and answering a few simple questions.

Remember, be sure to consult with your doctor if you feel you have a serious medical problem.

STEP 1

### Selecting A Symptom

Abdominal Pain (Stomach Pain), Long-term



STEP 2

### Answering Questions

STEP 3

### Possible Causes

# Let's Practice!

- ▷ Enter in a symptom, and answer a question
- ▷ What does the Symptom Checker say?

**IMPORTANT:** This is NOT an official diagnosis. Make sure you talk with a doctor first!

# More Practice

- ▶ Try searching for a topic of your choice!
- ▶ Other example topics:
  - Heart attack
  - Skin cancer
  - Nutrition and eating healthy

# Thanks!

## Any questions?

You can find me at:

@username

user@mail.me

# Credits

Special thanks to all the people who made and released these awesome resources for free:

- ▷ Presentation template by [SlidesCarnival](#)
- ▷ Photographs by [Unsplash](#)

# Presentation design

This presentations uses the following typographies and colors:

- ▷ Titles: **Raleway**
- ▷ Body copy: **Lato**

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- ▷ Light blue **#7ecef**
- ▷ Yellow **#ff9715**
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- ▷ Dark gray **#677480**
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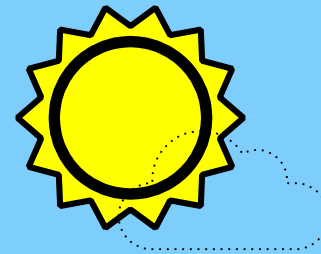
SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.
- Change line color, width and style.

Isn't that nice? :)

Examples:







Now you can use any emoji as an icon!

And of course it resizes without losing quality and you can change the color.

How? Follow Google instructions

<https://twitter.com/googledocs/status/730087240156643328>



and many more...