

SEVEN ESSENTIAL SKILLS

Modules Agenda

Day 1

| | |
|--------------------|--|
| 8:30 – 9:00 a.m. | Registration and Check-In |
| 9:00 -10:00 a.m. | Welcome – Introductions - Why Are We Here? |
| 10:00 – 12:00 noon | OVERVIEW: Introductory Module |
| 12:00 – 12:45 p.m. | Lunch |
| 12:45 – 2:30 p.m. | SKILL #1: Focus and Self Control Module |
| 2:30 – 2:45 p.m. | Break |
| 2:45 – 4:30 p.m. | SKILL #2: Perspective Taking Module |

Day 2

| | |
|--------------------|-------------------------------------|
| 8:30 – 9:30 a.m. | Reflection – Questions & Answers |
| 9:30 – 9:45 a.m. | Break |
| 9:45-11:45 a.m. | SKILL #3: Communicating Module |
| 11:45 – 12:30 p.m. | Lunch |
| 12:30 – 2:15 p.m. | SKILL #4: Making Connections Module |
| 2:15 – 2:30 p.m. | Break |
| 2:30 – 4:30 p.m. | SKILL #5: Critical Thinking Module |

Day 3

| | |
|--------------------|--|
| 8:30 – 10:00 a.m. | Small Group Implementation Planning w/Report Backs |
| 10:00 – 12:00 noon | SKILL #6: Taking on Challenges |
| 12:00 – 12:45 p.m. | Lunch |
| 12:45 – 2:30 p.m. | SKILL #7: Self Directed, Engaged Learning Module |
| 2:30 – 3:00 p.m. | Evaluation and Closing Circle |